

ROBERT YOUNG INTERVIEW
WITH ALAN STEINFELD OF *NEW REALITIES*

AS: Welcome to *New Realities*. My name is Alan Steinfeld. I do this program because I know there is some kind of spiritual awakening happening around the country, around the planet, and all of us are tuning in to a higher vibration, a higher connection to our true Self. At least that's been my own experience. This program is an exploration into my own research, and other people I'd meet along the way who have had similar and different experiences but along those same lines.

Tonight I have a guest who I actually don't know that much about, but I've heard it's a fantastic story. His name is Robert Young. He's from Australia.

I want to hear the whole thing. Because what I did hear about this transformation that happened to you, I believe it, I know it's true, but I want to hear it from you. So, let's start at the beginning.

RY: Well, Alan, the beginning is hard to put your finger on.

AS: I heard there was another personality that you were, and then this car accident happened, and when you came back to life in a way, you were a whole different person. Who were you before, what happened, and who are you now?

RY: It's really hard to separate from the physical side of things because as an engineer — I was an engineer before the accident, and I am still an engineer.

AS: Okay, a different kind of engineer.

RY: That's right. But I still design electrical things and I've been involved in lots of major projects, the quality of which has changed slightly since the accident.

AS: So what happened? You were a kind of normal guy, right?

RY: Yes.

AS: A beer drinking, Australian kind of guy that liked to talk and hang out with the guys and their mates, as they're called. What was that moment? What went on there?

RS: Okay, let's have a look at the story a little bit closer. I was married for twenty-seven years, four children. They were all grown and pretty well set on the road in life. I was working in Sydney and coming home on weekends in January of 1986. It's a fair while ago. I was coming back from Sydney and traveling on the freeway and a large truck came across the center of the freeway into my path and

we had a head-on collision. With all records and with all the details, I shouldn't be here.

AS: What happened to the body in that situation?

RS: The body actually was preserved fairly well. As in most accidents, the sternum broken in two places each side of the seat belt, a few broken ribs and limbs, but the major thing was the subtle damage to the frontal lobe. It was classed as brain damage. The thing that is probably most significant is when I look back I can see a lot better than you can as you're looking forward or living in the moment.

AS: What do you mean "looking back?"

RY: I look back now and I can remember lots about the accident, but there were five years where I was getting over brain damage and the story starts at the end of five years. That's when I suddenly knew who I was.

AS: In 1991?

RY: Yes.

AS: What happened?

RY: I had actually been doing a lot of work to improve myself.

AS: Physically, because of the damage?

RY: Yes. That's right. I used to walk a lot and go into the bush we call it; you call it the woods. I did a lot of work with trees that I didn't know what I was doing at the time.

AS: What do you mean? Holding trees?

RY: You communicate with them. They help you and you help them. I knew about that but I didn't know that was not known by anybody else.

AS: What would the trees communicate to you?

RY: They'd actually assist you with energy and when you knew they needed help, you would pass energy to them and they'd actually rain on you.

AS: The trees would rain on you.

RY: Yes, very fine mist. They're very gentle beings.

AS: You didn't have that awareness before the accident?

RY: No. I had no awareness of anything apart from going to work.

AS: You didn't have any goal, any spiritual connection at all, any religion?

RY: No, I was born a Catholic, that's all.

AS: And you didn't believe any of that stuff.

RY: You just did what you did.

AS: So, in 1991, what happened?

RY: I went to a course, which was called "Mind Powers." It was a course over a period of about four weeks. You turned up once a week and on some occasions twice a week. It was basically a screening for people looking to advance themselves and at the end of the course there was the possibility that you would be invited to a live-away camp for eight days. When I got to the end of the program I knew I had to go to this camp. I remember very clearly going home and sitting on the end of the bed and wondering, "Now what can I do to make this happen?" This is where it gets a little bit strange.

AS: Give me all the strange stuff. We're used to it on this program. Feel free to talk about all that.

RY: Fine. In those days we had what we call rabbit ears on top of the TV. There was a TV sitting in the bedroom elevated just above the wardrobe and there were these rabbit ears on top.

AS: Like a little antenna.

RY: I knew that if I could fire that antenna up I could send a message to where I needed to send it to make things happen. So I sat there and allowed my energy to rise and all of a sudden the antennas lit up with a bluey-purple glow and then as I increased the energy the sparks started between the antennas and it rose up and went out into the atmosphere.

AS: How did you know how to increase your energy like that?

RY: I had no idea.

AS: That was the first instance?

RY: Yes. Even then I didn't know that wasn't normal. I did get the message across, by the way.

AS: You sent a message to somebody else via the antenna? What kind of message was it?

RY: That I could turn up to one of these courses and that I needed, and it didn't matter whether it was in Sydney or Melbourne.

AS: But I heard also that after this accident you didn't know who you were, you didn't know who your family was. Talk about that, and how you remembered this other self.

RY: Basically, while I was ill, classed as having brain damage, I was getting used to using the body, and I didn't recognize people so well because it was guarded under the name of brain damage. All my family and friends understood if I didn't understand and they understood if I didn't recognize them.

AS: So you didn't recognize them at all.

RY: Some. I had knowledge of my past but it was like looking at black and white photos.

AS: No connection.

RY: No, and no colour. Unless I was put to a particular event and then led into it, I really didn't know much about it.

AS: Well can I just come out and say, were you something like a walk-in? Do you know what they are?

RY: I found that out later on.

AS: So the old personality, or the old Soul actually left, whoever that Robert Young was, and you came in on a higher vibration and you took over the body and started to get used to the body.

RY: That's true.

AS: But the interesting thing is where did you come from before you came into the body?

RY: That question comes up probably every ten minutes of every day.

AS: To yourself?

RY: Yes.

AS: Do you have any —?

RY: I get closer each time. There are no words on this Earth that can explain where you come from and who you are and what your name is, but the feeling and the knowledge, just like I spoke to you, we have met.

AS: You said that. You said when you looked at me we met. We met on some other place.

RY: Yes. There is a world that I am very familiar with where the tools we have are quite different to here, and the knowing we have is quite different to here.

AS: Talk about the tools and the knowing because that's what I'd like to explore.

RY: Okay. The knowing is recognition.

AS: When you look at someone you recognize them.

RY: Yes. Have you ever walked along in a shopping center and there are thousands of people there and there's someone way at the back that catches your eye and you know them, but you never see them again.

AS: But also, if you look beyond the body you always know that Soul-Essence in that person.

RY: That's true. I don't actually see the body that well. I see people as they are, not as they present.

AS: So, what are the other tools from this place that you've come from?

RY: It's a real simplicity. Lots of the things are demonstrated in every-day life and the one I like to use regularly is how we teach children to ride a bicycle. We hold the seat, we put them on the seat, we tell them to hold onto the handles and

pedal. That's the total of our instructions, and off we go. We transmit to them totally everything they have to do to ride the bike.

AS: You mean psychically sending them that.

RY: *It's sent from here (pointing to his heart).*

AS: From the heart.

RY: *And from all around you. And there's a protection around them, and we do it every day. But you notice you get to a point where you can take your hand off and they keep riding because we're still transmitting. If they lose confidence they cut the transmission. If you step back too far you cut the transmission and they fall over.*

AS: So that's really how children learn to ride a bike, with this energy transfer.

RY: *But they don't learn; we'll go further.*

AS: Tell me.

RY: *When they feel confident, they start to look into their own system and they open up their filter and they ride off. They're not so good; they wander a little bit. They ride off and they turn around and they come back and say to you, "Look what I'm doing!" They don't say, "Thanks for teaching me." This is what is available to us. We use it every day and it comes from where our Origin is.*

AS: So take that example of riding a bike and say that when I'm confident in a particular profession, then it opens up to me, and I'm just riding along, or confident in making money in a particular way, it's just the feeling that kinds of gets solidified.

RY: *Not quite.*

AS: Okay, tell me, tell me.

RY: *It gives you enough confidence to open up your energy flow into your world.*

AS: Because without the confidence my energy isn't opening.

RY: *You've got a big filter that you've closed across the top of your head and you say, "Nothing's coming in unless I say so."*

AS: And this is what we do all the time.

RY: *Yes.*

AS: So how do we remove the filter?

RY: *By having confidence while the Transmission's coming direct from somebody else. We can try it and say, "Yes, that's the same. Yes, yes, yes. Okay, I've got it."*

AS: That might help me write this book that I've been —

RY: *That's been with us for many, many years. You go to read some mathematics and you go so far and then the light comes on and you say, "I've got it," and you know more than what's in the book.*

AS: Because you're pulling in energy from other places.

RY: *You've opened your filter to your world.*

AS: This is a whole re-evaluation of education.

RY: *Why do you think the young people coming now can give you the answers but they can't tell you how they worked it out.*

AS: Because they're just pulling it in from the —

RY: *It's not a logical world.*

AS: Because the world isn't logical. It's not left-brain; it's bigger.

RY: *The answer is there and if they can then decipher how the world wants to see it, well they've won the game.*

AS: So all this came to you. How do you live your life moment to moment in presence and happiness and peace —?

RY: *I don't know any different.*

AS: You don't get worried about anything, or upset if someone cuts you off in traffic?

RY: Yes, that can happen, but then you know you've slipped into the play world. I suppose I'd better go into that as well.

AS: Yes, yes, please. Come out with it all.

RY: When we arrive here, we're given two worlds.

AS: Humans, when we're born.

RY: Yes. We're given the play world, and the world of the Creator, and one won't go into the other. That's the agreement.

AS: You mean the personality, let's say, and the Soul.

RY: The two worlds that we can have at the switch of a desire.

AS: When you say "the play world" what do you mean?

RY: That's the one we live in every day and we can make things, we can ruin things, we can make mistakes, we can call for help, all that and nothing happens except what we're responsible for and that's our free will. That's really the dividing line between free will and the world of your Creator where everything is perfect.

AS: So is the other world where everything —

RY: You don't need any will because everything fits. It's like the ocean. You can jump in the ocean and you can put your hand out and pour acid all over yourself and nothing happens, it's dissipated, but you stand outside the ocean and pour acid over yourself, you can't get enough sea to wash it off, you've damaged yourself because in the ocean you're safe, out of the ocean the ocean won't fix you. So asking your Creator to come into your play world doesn't work.

AS: We have to go into the world —

RY: — of the Creator.

AS: How do we do that?

RY: It takes .2 of a second, actually.

AS: Is it like riding a bicycle though?

RY: No, it's not. It's actually an instant acceptance, an instant thought. That's probably one of the biggest things that people have difficulty with because they can't see how simple it is.

AS: Well, tell me, tell me, tell me.

RY: The simplicity? Okay. From a technical point of view, we talk about our brain only operating ten percent or maybe more and we're working really hard at getting it to go more. That's because the brain is not used for what it's supposed to be used for.

AS: What's it supposed to be used for?

RY: For direct connection to your Creator, to your Source. Once you decide you're going to connect directly to your Source, 100% of your brain turns on and you can feel it.

AS: And that's just a decision.

RY: A decision.

AS: So, if I say, "I'm going to connect to my Source now."

RY: And you just go (Robert raises his hands to indicate a vertical connection) and it's connected. And you'll feel (as you are) the energy building around your head. And you can get a little child and ask him to feel around your head, it'll feel like champagne bubbles.

AS: It feels like I'm actually outside my head.

RY: Good. Exactly correct. Once that happens, everything is fed back to you automatically. It's like a TV station. If you're relaying between one city and another you transmit more than just one picture. You've got signals, you've got prompts, you've got feedbacks, you've got multiplexors, and you've got it set up so that more than one program is operating at once. So you can understand what happens if a technician comes up and pulls some of those leads out and says, "I want to experiment with them and play with something," then all the signals to the TV's get mucked up so you end up with wrong channels, wrong programs, incorrect prompts, wrong words coming to you so everything gets confused.

AS: So you're saying when we're this expanded awareness we have all those channels coming into us and when we come into the ego personality, we lock it down and all those other things aren't connecting in.

RY: That's right. So we tear part of that communication away, and we find that we've got a faulty communication system between ourselves and between the world. And that's when you feel this direct communication where people start to steal energy from one another.

AS: Because they're missing that bigger connection and they don't even know that they can have it.

RY: That's right.

AS: And you're saying it's that simple, just — how did you do it again?

RY: It's just a case of deciding that 100% of your brain is going to connect to Source, whatever Source you call it.

At one stage I saw people having so many problems, I really, really asked — no, I didn't ask, I demanded — a solution to everything. Not to some things, I wanted the solution to everything.

AS: To all the dramas people are having: love, hate, war. Yes, okay.

RY: I was walking along the waterfront near some beautiful trees and this message came to me so strongly that my knees buckled. It simply said, "At all times, think of Me and nothing else. This is the solution to everything."

AS: "Think of Me" being this expanded Consciousness? Or the Creator?

RY: Whatever you think. The Creator, or the greatest thing in your life. It might be a butterfly; it doesn't matter. But at all times; not sometimes.

AS: At all times.

RY: At all times. And it didn't say "nobody else" it said "nothing else." People say to me, "How can I drive the car?" "How can I look after the children?" I say, "You try it for five minutes under the right conditions and you'll never stop."

AS: I'm getting it! I'm getting it! You're actually the guy holding the bicycle seat, aren't you? Because I'm getting it. I'm getting that expanded awareness.

RY: Yes. And it grows, and grows, and grows, every day. And what's fed back to you is always correct. What you pass on to other people goes through a filter that's required to pass correctly to every other person.

AS: There's also a healing element in this awareness, too.

RY: There is.

AS: Talk about that a little bit.

RY: In our whole being, the awareness is such that we know one another so well that we don't have to think and in that you can feel everything. You can feel if somebody's back is hurting a little bit, you can feel if they're a little uncomfortable, and you can change that. Each one of us has a gift for everybody in the world. We can look at somebody and say, "Yes, I really desire that that person is perfect, and their life is perfect and they have no problems at all," and you'll feel the energy grow and it will go to them and it will happen. So you can imagine for yourself if everybody in the world did that to you how good you'd feel, and it is happening.

AS: It's a beautiful thing. It's beyond — it's sort of our natural way of being.

RY: Correct.

AS: So if we could just live that way.

RY: The only people that really know about it are mothers.

AS: They have that natural feeling.

RY: They just say straight out, "Nobody will touch my child." And it goes right through the Universe, not just the world.

AS: So you came in with all of this — I mean you came back, or you walked in —

RY: But I didn't know that I didn't fit! I had no idea, even now, the standards of the world.

AS: Well, you don't need to know. There are no standards, really. But you came in just with the knowing that this was true.

RY: Yes.

AS: So would you say you've come back to be a teacher of this?

RY: I'm an invited guest, put it that way.

AS: Okay.

RY: Just as you are. We're guests and it's of the form where you have to be there, and you have to be in your true form. Like if you invited someone special — maybe the Queen onto the stage and she started telling everybody where to put the microphone and where to put the chairs, you'd say, "Stop! You're only here to sit there and be who you are. You can have a project but we'll organize it for you." We have a project, and it's being organized for us.

AS: You.

RY: And you.

AS: And me. Most people say if you get out of the way, then your real potential will show up.

RY: Yes, but by getting out of the way, that's a bit back to front. It's stop doing what you're doing.

AS: "Wu, wei, woo". Do not doing, as the Chinese Taoists say.

RY: It is. Yes.

AS: So this is it. Is more revelation coming to you every day?

RY: Every day.

AS: What's coming to you?

RY: We speak every day —

AS: "We speak." When you say "we" — ?

RY: You've got me again.

AS: No, I want to understand where you're coming from.

RY: I have guidance and connection, even in the verbal sense, with a source, and I do speak regularly with what I'd call a twin.

AS: An energetic twin cell.

RY: Yes. For some time I wrote a lot because in that brain-damaged state, the best thing to do, I found, was to write.

AS: Would you say your twin is, a part, or a being that's hasn't come into the Earth but is still where you came from?

RY: Yes. He eventually gave his name as Simmion. You've heard of other entities or groups of entities that have various names. Simmion felt like a brother, a twin, so I feel what he thinks and he feels what I think.

AS: Couldn't you ask him, "Hey, where are you from?" Or maybe you don't need to know all that.

RY: But there are no English words.

AS: Right.

RY: The only thing I get is when he enters he says, "This is Simmion coming to you from the outer reaches of the Universe, bringing you energies to support you through the day and to support everyone around you." And what has been developed over a period is a two-way communication. I don't know if you realize it but when you don't have any problems, you don't know why people are saying, "Can you fix my problem?" because you don't know what it is.

AS: Would you say you're sort of channeling Simmion? Does he come through you and speak through you?

RY: He does, but it's not like I bring somebody into my field, it's already part of me.

AS: I mean, would he have something to say now?

RY: He's behind me all the time; he helps me speak.

AS: He helps you speak. But it's no different than you speaking.

RY: No, not at all. If you'd been a twin, you'd know what I'm talking about. You can finish people's sentences; you can finish the other twin's sentence easily.

AS: But on the Soul level, we don't need anybody. We don't need the twin. We are the Creator Itself.

RY: That's true, but we need to interface with sections of the Universe and of this world because that's where we are.

AS: So would Simmion have something to say to me? What, please?

RY: If we talk directly to Simmion, he is going to actually lead us every day on what is the best thing to do on a daily basis, very clearly. I get up in the morning and since being with Barbara we've started to tape this, and I know where to go and what to do. And it's a great thing to look back on it the next day and see that all these things happened. Because when you're told things ahead of time you really don't know exactly what it means until you've looked back on the event.

AS: But you can have the same awareness Simmion had and just follow that through you.

RY: I do.

AS: But anyway, you're led through the day to do certain things.

RY: The big difference is, when you're in the physical world and you're in denser energies, you miss things, you become influenced by things. You walk through a shopping center and you walk through that smog of somebody's argument, you're energy gets —

AS: You absorb it as well.

RY: To get past that you need that channel to come through and offset what's happened and also you need the purity of the vibrations from outside this Earth to be able to feed to people who are communicating through my eyes back to Simmion.

AS: I get that. So what kind of things would he say to you, or does he say now?

RY: The main thing is not verbal, the main thing is energy. So when we sat together and you felt that comfort —

AS: The connection, yes.

RY: That was actually the energy coming through and settling both of us.

AS: I actually feel even more comfortable now, because more of the energy came through.

RY: Yes, because there's a feedback through me so they know what you need because you're telling them.

AS: I'm actually telling them what I need. Isn't that happening all the time because we're all connected?

RY: No, because there's an agreement between the play world and the world of the Creator. Unless you've actually stepped into the world of the Creator, which we don't do often enough, unless you've stepped in there, they don't know what your problem is. They don't know what you need to settle you. They don't know what will settle your energy.

AS: So by having that expanded awareness and then asking from that place for help or guidance, then they know because you're on that frequency, or there's like a doorway open.

RY: Correct. It's like a two-way communication. And that also brings into the story of extra-terrestrial beings, our Galactic friends.

AS: Okay. In what way?

RY: They're the ones who provide the vibration that's necessary.

AS: But there's a whole range of extra-terrestrial beings.

RY: There is. And they all have a part in making sure that everything is clear and concise and correct for your progress forward and for my progress forward. The world itself has such a mix of everything that the order that we talk about in the play world side of things is not there. The only order is in the world of your Creator.

AS: But I was just talking to Rolland Smith about a tipping point. Are we moving as a planet and as individuals to this what's called 2012? What do you get about that?

RY: The basic vibration in the Earth and in the Universe for that time is already here.

AS: The vibration of this cosmic energy.

RY: Yes, it's already here.

AS: But the people on the Earth are not aware of it.

RY: The people of the Earth are not aware of it and the major part of the vibration you feel on the Earth is from people.

AS: That's the problem, right?

RY: It's like disturbances in the Earth. They say why do people live on the fault line? In fact it's people who create the fault line.

AS: Through their thoughts.

RY: Yes.

AS: So where are we moving towards? I guess that's what you're here for, to help this change, this transformation.

RY: That's true. The extent of it I get every day progressively in lumps that I can handle. If we got the whole scope in one go, we'd just pack up and go home.

AS: Why?

RS: It's so big.

AS: Give us the little pieces that you get. Can you share that?

RY: The little pieces are not little.

AS: Give us whatever you can.

RY: Just take this trip to the United States. I've never been here before. Three months before I left, I had no idea I was coming here. I met Barbara, my partner, and it wasn't until a month or so ago that we decided to come to the United States under the pretense that we were meeting family and friends.

AS: Right. That's what it looked like on the outside.

RY: Yes. I think it was the day before I left I was told that I would start to open things up to the world, and I had no idea how that would happen. I was told the extent of it and I actually got a little bit shaky because there's nothing in front of you to indicate anything. I was just going to get on a plane and go and see some people. But there was one thing that was planted with me about six years ago and it was just a name that I was told to go and register as a business name under my company and it was called "Spiritual Entertainment" and behind that it's quite

different to what everybody thinks, it's entertaining your Spirit, making you jump out of your tree before —

AS: How would you entertain the Spirit?

RY: Hit a home run on a special day, read poetry, sing. It takes you past all your limitations in seconds.

AS: What do you have in mind?

RY: That was one of the things that was given to me that I had nothing in mind.

AS: Just get this name and we'll figure it out later.

RY: And it's happened to come in to this trip, and it's growing very quickly. Everybody that looks at Barbara's card says "Yes, that's great."

AS: Spiritual entertainment.

RY: Yes, because that's who she is. So the extent of what we're given is rather hidden. It's massive, but it's time. So, when I was told that I would have to open up to the world, there were no arrangements made.

AS: They didn't tell you how that was going to happen.

RY: Not at all.

AS: And you just said, "Okay."

RY: Away we went, and it's happening. People are listening and I'm not controlling anything.

AS: I'm really curious about all the mystical odd things that happened because I think the more people talk about that the more they know it's a reality, and not to doubt it when it comes up in their life.

RY: Fine. The first thing I remember is standing outside the car in total silence. This was on a busy freeway; total silence, looking at the truck that had run into me and looking at the car and looking in on my body. And I looked and saw that spiral that people talk about, the tunnel, but I actually could look both ways.

AS: You could look at the tunnel and you could look at this world.

RY: And I was looking through a tunnel at this world at my body. I remember entering the body and having major difficulty.

AS: Was it like you were beamed down here in a sense?

RY: That part of it is not with me. I was just there.

AS: And that's the first thing you remember, you were just there.

RY: And then the frustration of trying to make hands work.

AS: It sounds so cinematic. You were there and then you went into the body.

RY: I can remember that frustration of not being able to communicate with it.

AS: With the body.

RY: Yes. I didn't know anything about it at the time. I remember. Everything at the time was sort of wiped out until I started writing. So there's a period of probably a couple of months before I started to write and the actual memories came back and they're very, very clear.

AS: Memories from where you came from, you mean?

RY: Memories of the accident. Somehow I ended up getting in the body and standing outside the car, physically got out of the car. And they don't know how I did it.

AS: The broken body.

RY: Yes. I was outside the car and this nurse turned up.

AS: On the highway.

RY: On the highway. And it was still, silent, totally silent. Everything around me was silent, quiet.

AS: And the nurse was there.

RY: Yes. She made sure I was comfortable and put me in the back seat.

AS: Back seat of?

RY: Of the damaged car.

AS: Oh, you were outside and then you went back into the damaged car.

RY: Yes. And then a doctor arrived and somehow the nurse disappeared and the doctor said to me, "Where's the driver?" And I said, "I'm the driver," and he didn't believe me. He checked me out and then the paramedics arrived and the doctor seemed to disappear. The paramedics actually said they saw the accident and they turned half the crew around to go and get the clean up gear because they didn't think there'd be anybody. So I tried to check to find out whether the doctor was available so I could thank him and the nurse. No record anywhere. So I believe they were there to help me.

AS: What did the doctor do for you?

RY: He just made sure my heart was okay and that I was sitting comfortably for the ambulance to arrive.

AS: So they could have been from another realm these beings, probably.

RY: I really think that's the case.

AS: And then they took you —

RY: They put me in an ambulance. I was fine. I felt fine.

AS: You weren't in pain?

RY: None at all.

AS: Throughout the whole rehabilitation?

RY: There was later on. During the accident and going back in the ambulance I remember the attendant or whoever was looking after me going, "Oh!" as we went around the corner, and I said, "What's wrong?" He said, "Oh, your bones are crunching everywhere every time we go around a corner?" I said, "Oh, that's interesting."

AS: Was it because maybe you were in shock?

RY: Well, that's how it seems, but I know that we're looked after very, very well in any accident.

AS: I see. So you weren't maybe even fully in the body, totally.

RY: Probably. But back at the hospital there came a point where I had to say I've had enough and I was shutting down and then the normal recovery cycle started and that took five years. There are some funny things in there as well. I remember the tow truck driver turned up and borrowed my pen which was quite a good pen. He put his piece of paper on the trunk of the car and it was quite a nice car and he started writing things out and I said, "Don't write on the car; you'll ruin the paint work!"

AS: This was after the car was smashed up.

RY: Totalled! It was about half as long as a car normally is. The front seat was actually sticking out through the windscreen.

AS: So now you're here as this person, are you constantly amazed in some ways? What goes on for you day to day?

RY: I'm totally happy and the other thing is I'm totally comfortable no matter what.

AS: You're totally happy. What does it mean to be happy?

RY: The definition that we have in this world is quite different to feeling all the special effects of being looked after by your Creator and all your Galactic friends and all the friends around you and I feel that all the time.

AS: You feel looked after and nurtured and loved.

RY: All the time.

AS: What does that have to do with happiness?

RY: That is happiness.

AS: Feeling nurtured by the Universe.

RY: Yes. The sense of happiness or the definitions that I see we have in the physical world are a little bit different for me, and I'm not saying anybody's got it wrong, but —

AS: But they're not happy. I don't see a lot of happy people out there. But you're saying just pulling in this expanded awareness, living in this. So if I feel like my head's out this far —

RY: You'll know it.

AS: I feel that. And that's really it?

RY: That's the essence of it, and everything is brilliant from there on. You'll notice your colours are brilliant; there are more colours. Everything's new every day. Did you know that the Universe renews everything for you every twenty-four hours"

AS: No, what do you mean?

RY: You go to sleep and your whole life force is taken out and given a big scrub and fed back in for the morning, totally new, totally refreshed. And if you don't reload all your past history and all your junk, then it's gone. So that's why young children can get up so happy, and if they don't, you can send them back to bed and tell them to try again.

AS: So each morning, we're refreshed, it's a new day, it's a totally different Universe, in a way.

RY: That's true. And with the new energies that are in the Earth, there is no ability to maintain problems or trouble or negativity. You'll notice that even the negative ads have to go more often now, otherwise it disappears, and the effect of it disappears.

AS: What about those people who have passed over? Where do they go? What's the connection between here and there?

RY: Oh, it's totally connected.

AS: I mean, are they're still here?

RY: Yes.

AS: What's your experience of that?

RY: You feel them all the time. You've only got to have a bit of a thought and you feel them, your relatives, your friends, and all those who are close to you.

And sometimes a special person is mentioned to you and tears will come to your eyes. They're here. We can try to explain that but you've got to start into the multi-dimensional world.

AS: Let's talk about that. But the tears are the recognition of the presence.

RY: *Of the feeling, yes, and the love.*

AS: Thank you, thank you. So the multi-dimensional world is what? Let's talk about those levels of existence that seem to be all around us.

RY: *Okay, but we'll just go back a fraction just to show you how simple some of the things are. I had some problems with people understanding that when something special happens to you, they should allow that special event to stay in the world instead of turning it off and saying it didn't happen.*

AS: Like what?

RY: *I repaired myself. Remember I spoke I was working with the trees and there were several very significant instructions that I used to get because I had difficulty walking. I was told to just develop my energy up and make it like a hovercraft and then let it go down and lift me up. And then I'd go out and walk around the oval and I was told to follow the running track (it was a four hundred-metre running track) with my eyes shut. I ran into the fence many times. Eventually, I found I could feel everything, and I could move around, then I was told to turn around and go backwards. That's quite difficult.*

AS: But you were getting aware of the feeling of the energies.

RY: *And had no idea of what I was supposed to be doing, but all of a sudden, because it was so difficult, I found myself looking down and seeing what I was doing, and that's what they were pushing me towards.*

AS: I used to do a practice like that at mystery school. I used to be blindfolded for days and be out there walking and I had some of those experiences.

RY: *That is a natural thing in life. If you develop yourself to a point where you need assistance outside of what you've already got, you will jump out of your body and go into the multi-dimensional world where you can look down on yourself. (We'll go into that again in a second.)*

Also, I had one leg which was about that round (and the other one was normal) because of the damage, and the knee was large. And I was going on this eight day

camp that I told you about that I sent the message for, and I was sitting up in amongst the trees and I thought to myself, “Well, I’ve got to do something about this,” and all of a sudden I got the idea that if I took a photocopy of that leg and put it on there, that leg would know what to do.

AS: You took a picture of that leg and put the picture on this leg because of the resonance of the field.

RY: It just felt right to do that. And within five minutes, this leg was the same size as that leg.

AS: Within five minutes?! Wow!

RY: And the people that saw it were amazed and confused to the extent that they had to block it out.

AS: Right. I was going to ask how that’s possible, but how is any of this possible? How is any of it possible?

RY: So there are many events that happened around me like that with myself and with other people. Now if we go into the multi-dimensional world, you’ll see how this all comes together. When we talk about multi-dimensional you’ve got to remember that for everybody the first connection to them is their Creator. The first connection to you is your Creator or your God or your Source.

AS: My Soul, My Spirit.

RY: The first connection. So, with that being the case, there can be no hierarchy because we’ve all got the first connection.

AS: The Eternal Presence. Yes, we’ve all got that. Yes.

RY: In a multi-dimensional sense, you don’t have hierarchy.

AS: That’s what I tried to get to. You didn’t need Simmion whispering because you are the Source.

RY: In that multi-dimensional world, if I sat here on an airplane, look down on the Alps, be in India, be in your mother’s place, have a look at the other side of State, be on the other side of the room you just say, yes, yes, yes, yes, and you’re there. There’s no thought, you’re just there. And then on top of that I say, “Look down on the stars,” you go, “Oh, right-o!” That is the sense of being everywhere,

and everyone can do that. And when I talk to someone, that's the person I'm talking. I'm talking to you, the Universal you.

AS: That's the recognition.

RY: And that Universal you is multi-dimensional, and that's how it works. So anything that we present to one another in a multi-dimensional sense will make you feel perfect.

AS: Like what, what would you present to me in a multi-dimensional sense?

RY: I presented to you that I knew you, and that's enough.

AS: Okay. So then, this whole awareness we can definitely use for healing our bodies. You can heal anything in that way. So how would you actually do that for people who are really needing that?

RY: So many different ways, as you know. Most of it is the same as holding the seat to the bicycle — we call them pushbikes in Australia — But it's exactly that. If you can hold that specific energy for them until they are happy to take over, it will be healed.

AS: So you hold the feeling of love and nurturing and caring.

RY: Everything. You've got to transmit everything to a person, how their body even works. Let them take from you the experience of your body.

AS: Of your healthy body.

RY: Yes. And if you've had an experience of anything, they can pick it up. If you haven't ridden a bike, you can't hold the seat. It won't work.

AS: That's interesting. That would be a good experiment. So for you, do you go out, have fun? You have a social life, you have a partner.

RY: I enjoy life, I am a connoisseur of life.

AS: But that stuff, in a way, doesn't matter.

RY: That is the most important thing to see the beauty of it. You experience the beauty of everything. It doesn't matter if someone says it's wrong, I like to then have a try because it's different for me.

AS: But you have this awareness and then you're also living a normal life, or they're the same for you in a way.

RY: Not quite.

AS: Tell me. Because then you're in the play world sometimes.

RY: While I'm in there, I need support. I need a lot of support.

AS: But why even go in the play world once you know you're in this expanded place?

RY: Because that's the project I took on.

AS: You took on the project to live in both worlds.

RY: And to actually allow people to see the world of your Creator living in the play world so that they get the opportunity to open up the big filter and try it on themselves.

AS: So you said you were also here to open up — that's sort of your work. Let's talk about that a little bit. I know it's just coming to you, but there's some sort of plan, it seems, in the works.

RY: Most of it's exposure to those who have been looking. Many special people have come onto this Earth with a specific project to help the Earth and the world and everything around it to elevate to a point that is known in history.

AS: A point that's known in history as --

RY: As I suppose the new world.

AS: A new Heaven and a new Earth, whatever you want to call it. And we're coming to that point.

RY: Every one of those people are in a position where they need to be able to see a picture of what they're doing. The picture doesn't come through the physical sense and that's why you're doing what you are doing.

AS: I knew there was a reason I was doing it.

RY: It doesn't come in the physical sense. It comes through exposure to the multi-dimensional picture, the hologram of repetition. The hologram of repetition from elevated beings will produce the whole picture for everyone.

AS: That confidence that they're inputting, holding the bicycle seat, and they're inputting it into the Earth now.

RY: You put some in, I put some in, Rolland puts some in, many others, and it starts to build that multi-dimensional invisible picture that is so obvious that you wonder why you've got eyes.

AS: It's obvious to you, and sometimes me. So is there a point that you see that that clicks in? Is there a date?

RY: It already clicked in in 2003, and now everybody is getting used to it. So all the predictions that came up until that point we diverted. All the catastrophes disappeared because we all decided that we'd better pull back on the stick before this Earth crashes and that is the power of the human being. We're not taking anything from the regular human being, we're the visitors.

AS: Where they want to play, they can play.

RY: And they will do a great job. And they are masters. You'll sit beside some masters that don't understand a thing about what you're doing but their mastery of the Earth is amazing.

AS: They're doing it in their way.

RY: And they're not doing what we need, they're doing what's needed so we can do what we need. My navigation around this Earth, I had no idea how to do that, but it's happening.

AS: But why do we need any of this? If we're the Eternal being and this is just play, why is there this transformation anyway? What's the point of that?

RY: We made a decision that we would have two worlds when we came in and to experience that is phenomenal. Now that experience is actually a sub-set of the whole and when you improve it to a point where you say, "That's perfect, you're fine," you've got a copy of perfection. When you've got a copy of perfection and imperfection comes up alongside it and you have the ability to step into perfection and not have to maintain it, you're going to step into the perfection.

AS: Yes, because it's more fun, it's lighter, it's happier.

RY: And so everybody who decided that they would have a play world of knowledge is getting to the point where they almost go to the stage of "That's a good copy for this moment, I'd better get off because next week it's going to die."

AS: Wait. Say that again?

RY: I've got a copy of perfection --

AS: Of the happiness of perfection.

RY: "But I'd better jump over to the Eternal perfection really quickly because next week that's going to start on the way down." In the play world everything deteriorates and everything goes back to the way it was.

AS: It will go into this higher level. Actually, somebody said this is our last chance for suffering and limitation. We've done it. We're moving into a place where we'll have new experiences.

RY: Actually, there's no chance for suffering anymore unless you do it themselves.

AS: Well, people are always doing it to themselves, though. They always have.

RY: No they haven't. In the past, someone else's suffering could affect you, it would hang around, it's like smoke.

AS: You said you sometimes walk through peoples' things and you have to unclog it.

RY: That's me. I'm fairly sensitive to what's left there for a very, very short period. People generally can walk through that sort of thing now and it will dissipate at the end of the day and they don't really need any assistance. I suppose I am a little bit more sensitive to having to live with the Source Energy and if I lose that a tiny bit, I deteriorate very quickly.

AS: If you lose this connection, if you forget.

RY: Yes. Because most of my injuries are repaired but not in the sense of they're physically back to normal. I've still got some broken parts but they work. Everybody has that sort of thing where they've got over something but if they get some bad weather or a bumper or something that it affects them more than it normally would. I'm a bit more sensitive.

AS: Is it because most of us are finished with the human experience we've completed this, we've incarnated lifetime after lifetime, and we've had this level of limitation of human suffering. We've had it, we've owned it, we know what it's like and there's this greater maybe perfected world that we're moving into that we don't know yet.

RY: But we're bringing with it everybody and everything around us. So we're taking the world into that vibration. Many of us say that we come from some other planet. I can assure you that in 2012 you'll put the t-shirt on that says, "I come from Earth."

AS: Wait — talk about that. What do you mean?

RY: Because Earth is being elevated much higher than any other place than most of us have ever been.

AS: Oh, really? In 2012 is sort of like the clutch is in and we're going into the next gear. What do you see happening in 2012?

RY: It'll be transparent but the measurement system of everything will be totally, totally different.

AS: The measurement system how?

RY: Of what's good for us, what's good for the Earth, how we live. The rules will disappear. The requirements and the needs that we have will be zero.

AS: The old rules.

RY: There will be none at all.

AS: It will be happy like you say.

RY: And everybody can do that now.

AS: But it will be more obvious in 2012.

RY: You have to switch into the world of your Creator probably 5,000 or 6,000 times a day now.

AS: To keep reminding yourself of that.

RY: In the future you won't have to.

AS: Because the vibration of the physical and the spiritual will be more in alignment because that's just where we're going, it's a natural cycle.

RY: Yes.

AS: And then what will the world look like at that point?

RY: From outer space it will look very much lighter and brilliant. From here, there will be more translucent images, there will be more knowledge of other dimensions and we will communicate freely through all dimensions.

AS: Thank you. That's great. That's a nice place to kind of finish, but I do have a lot more questions. And the extra-terrestrial life that's obviously abundant in the Universe will be here, interactive. That's what I feel.

RY: Yes.

AS: Great. Anything else you want to share?

RY: There are many things on the Earth that will indicate to you that this is happening like the birds, the animals in the wild, the trees. If you walk into the woods and as soon as you get there, there's nothing around you and you decide you'll wait until they turn up. In fact, what happens is you start to hear birds, so they've just opened the dimension for you of sound, then they open the dimension for vision and all of a sudden there's birds in front of you. They didn't just fly in. they're there. And then there's a squirrel and then they open that dimension and they will open right back to the spirits that look after them, and that's happening now.

AS: Yes, the birds outside my window have been waking me up every day, really loud.

RY: They're allowing you to be part of their dimension.

AS: And that's another doorway.

RY: Yes.

AS: So that's a sign that people can look for.

RY: Yes. And walking along you'll feel yourself go through something. You'll feel that shiver. You're walking through a dimension.

AS: I heard you can actually open these dimensions!

RY: Yes. It has to be in the right place at the right time. The biggest thing is you can't disturb anything. It's just like if something turned up in front of you right now, you'd be shocked.

AS: Right. So you have to prepare?

RY: Yes. And then you allow people to join you so they can feel it.

AS: Can we do that sometime?

RY: Yes, we can do that sometime.

AS: I actually have some friends who have a vortex on their land that we can do that. And when you open up these doorways and walk through this, what's the sense you get?

RY: Well the main sense is a knowing that you're communicating right throughout the Universe.

AS: Okay, I want to take you to some places to see what we can do. Thank you, you can come back and talk about what's unfolding for you any time.

RY: Thank you very much. It was a great pleasure, Alan.

AS: Anything else I need to know?

RY: I only know what I know. There could be more, I have no idea.

AS: Thanks. I have been talking to Robert Young from everywhere and nowhere. This is Alan Steinfield for *New Realities*. Thank you for watching.

**

June 3, 2009