

ROBERT & BARBARA INTERVIEW
With Bruce and Marianne Curtis

“TRUTH AND FREEDOM”
The Progressive Radio Network
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Bruce Curtis: Welcome to *“Truth and Freedom.”* You’re on The Progressive Radio Network with Bruce and Marianne Curtis.

Eight years ago today a very powerful event rocked New York, the United States, and the whole world, and that was the events surrounding the fall of the World Trade Centre and what has come to be called “911”. And that event presented a challenge to the planet as to which direction we were going to go. Would we be divided, or would we find a place of unity, find a new way to come together to live, to move ahead and understand that we’re all connected?

So we wanted to commemorate that event in our *“Truth and Freedom”* show by presenting higher truth that will lead to greater freedom from this type of event happening in the future, moving beyond these types of divisions and disconnectedness and separation that have been the plague of the consciousness of humanity on earth.

We have a very unusual guest today, two guests, and we are just very excited and we’re going to have a show that will present another way to live, another way to see things, another way to be. So, without further adieu, Marianne is going to tell you a little bit about our wonderful guests.

Marianne Curtis: Our guests today are Robert Young and Barbara Whiting, currently of Australia, two delightful Spirit Beings that we just fell in love with. Robert Young had a very powerful experience in his life. I think I could, perhaps, be so bold as to say he had a near-death experience. And he’s going to tell us more about that. And Barbara Whiting has found this wonderful beloved Soul, so these are also two lovely partners who have found each other and are going to make their union official here in the near future, I hope it’s okay I tell folks that.

So we’re very excited for them and we’re very excited to share how these two people who have been business people in the real world have gone through spiritual transformation in their lives and how we can bring the spirit world into our lives to be more actualizing in the truth of our Being.

BC: So, welcome, Barbara and Robert.

Barbara Whiting: It's a pleasure to be here with you.

Robert Young: *Good morning, Bruce and Marianne.*

MC: And a very good morning to you. It's 5:00 a.m. there in Australia, I believe.

RY: *It is.*

BC: Thanks for rising early to join us in this great day. Robert, we thought a great way to begin would be to go back and revisit, at least briefly, to give our audience a little bit of context. You had a very dramatic and powerful watershed experience in your life. What happened?

RY: *I was one of the statistics on the roads these days where I had a head-on collision with a truck and basically, taking everything into account, I shouldn't be here, but I am. During that time I was fully aware of the trauma but behind it all there was no trauma or drama. There was another change within me where the spiritual side of me actually awoke. I feel like I'm a totally different being to who I was before. Many people have spoken about that in the past, how one person has a trauma and another spirit being moves in to either assist or take over the task of that body, and I believe that's happened to me.*

It was some time ago. It was in 1986, and since then many things have happened to me that indicate that I have a memory of other worlds, more so than I do of this world. It's taken some time before I could actually speak too much about it. There are some responsibilities that you have when this happens, and you have to complete the part of the life that you took over. It's only since I met Barbara recently, in the last six months, that I've been able to speak out publicly about the things that I've discovered since that accident.

MC: Perhaps you can speak more to the other worlds that you know more about than this.

RY: *That's true. The other worlds are very hard to explain from here. I'm very aware of lots more activity than just what happens on this earth, and of the beautiful love that is projected into this earth from those areas. I speak most days with what I class as a twin, and over the years this twin has revealed itself as "Simmion." It's more than just one person but it feels like one person connected to me who can channel others for me, so I get little interference when I do talk to Simmion. So that's the practical connection. Within that connection, the energies that are received and sent backwards really support my life and if I lose that connection for a moment I start to deteriorate. Many of the physical repercussions of having an accident are overshadowed by this energy,*

and all the parts of me that should be damaged work fine. All the connection with these — what I call “other worlds” — actually just seems like part of me, and the excitement that’s happening right now because everybody is focused in one plane, particularly on today when everyone has pulled together for a memorable occasion, even though it wasn’t pleasant, we’re all sitting on that platform where we’re ready to move forward, and there’s a lot of excitement over that.

BC: That’s wonderful. You referred to Simmion as a twin, and it would be good to know — Simmion is, I take it, from one of the other worlds. Is this the same world that you’re from? Are you and Simmion part of a larger being, or just so inter-connected that you’re part of say, a group, or a collective consciousness of some kind? Maybe you could speak a little bit more about that to our audience.

RY: The easiest way to explain it is a collective consciousness. In that collective consciousness there is a lot of individuality. At any time you can tell the character of who is coming through even though it’s best described as one group. There are no real words that can exactly explain anything in the Unknown, and I’ll pursue whichever line you bring up so that we can get a little more clarity because I don’t know what I know I have no idea what the difference is.

MC: You said there are certain responsibilities inherent in this experience that you’ve had and carrying that forward. Perhaps you could speak more to what those responsibilities are and if there is a mission involved.

RY: The biggest responsibility is to complete the life of the being that you take over in a manner that’s satisfactory to the previous owner, if you like. That responsibility comes first: the families, the settling of any upsets, the clarification of anything that’s been in that life. The physical reconstruction of the body when you take it over is probably the first thing, and then all the repercussions of emotion, trauma in that life, finance, everything has to be taken to an end point.

BC: So what kind of physical reconstruction? I know obviously you’re still alive, so you’ve had some major reconstruction. What are some of the ways you see it manifest in your life in this physical reconstruction? What happened?

RY: A lot of the effects of an accident they described medically or discussed in all terms but the biggest thing that was in my life at the time was classed as brain damage and, in fact, it was a time where I was getting used to the body. But with that “brain damage,” I had to see that through to the end and bring myself to a point where I could use the body correctly, and also bring the physical injuries

back to normal. I had one leg that was a little smaller than the other because of the accident. I managed to sit in amongst the trees and change that. I worked with the trees a lot to repair things like more balance, eyesight, and I worked with nature all the time to do that.

MC: Maybe you tell us a little bit more? Is this something that other people could do as well, or is it unique to you?

RY: No, it's not unique to me, it's just that it's clearer to me. It is a natural part of our being. For twenty-seven years I wore glasses, bifocals, and all of a sudden I found I put the bifocals on and I couldn't see. This is a possibility that everybody can approach, and it's a possibility.

MC: Please tell us more.

RY: Yes. Every person who sees that it's possible rather than impossible has the skill at their fingertips as long as they don't ask the normal question which is "How do I do that?" because as soon as you ask that you're giving the whole thing over to somebody else. It belongs to each person individually, and they just have to say, "Yes, I can do it. I don't know how, but it will happen." And then just leave that thought with the body and it will take over. Eventually, out of nowhere, you'll see it change. There are also times when you get an immediate change if you are working with nature or working with another person. When I had the vision that it was necessary for me to get both legs working properly — I've told the story about this many times where out of nowhere I thought, "Well, if I take a copy of my left leg and put it on top of my right leg, it will know what to do." And I simply did that while I was sitting in amongst the trees, and within five minutes, both legs were the same size.

MC: Wow. That's pretty impressive.

RY: There were many, many things that happened, simple things that happened to other people. You can be walking in the rain and you don't get wet. You know you're really being looked after at those times.

BC: I have a question for Barbara. It would be nice to bring Barbara in. Barbara, Bob was saying he really doesn't know what he knows, and I know you've been privy to a lot of what Simmion has communicated, so perhaps you might like to share some of the most powerful things that you've learned through Robert and Simmion and the whole group bringing through spiritual wisdom and important keys for living.

BW: Thank you so much for including me because I was just about to jump in and say that my experience here has been such an amazing transformation. I can look back and realize the habits that I brought here to Australia and I had to look at them in a whole new way. Robert has taught me how to use energy. I never thought about using energy. I thought energy — you either had it or you hadn't. He said, "When you're going anywhere, when you're walking, throw your energies ahead and they'll pull you along." I said, "That sounds nice," but it works! And so the fascinating part about it is that what I am living calls for Robert's knowledge. I feel that I'm pulling forth what he has to offer because he lives in that world of "everything is possible." I realize how I come from the world where, "Oh, that's impossible," or "someday," or "never," and all of a sudden everything is open. And when you can shed those limitations, it's really heaven on earth. I hope that answers your question, because this is a practical everyday awareness of Bob saying, "You don't have to do that anymore" and then I realize I don't. So there is an ease of living, there is a simplicity that comes through, and I realize how sometimes complex situations that we create are not necessary.

MC: Sometimes it's helpful to have an example to kind of flush out what you're saying and making it clearer for the audience. Can you give an example of one of those habits that you felt especially sort of nasty to get rid of, or a hanger-on or something that was difficult that you could tell us what it was and how you did that?

BW: Well, Robert, help me. For instance, every once in a while I would get a headache. A headache means you take something or you cancel an appointment, or, somehow or other, it stops you. I still remember Robert saying, "A headache?" You just changed my thought. You said, "A headache? Well, just take that pressure in your head and the bubbles in there and make them come out of your head like they were champagne bubbles." I went, "What?" And it worked! Because all of a sudden the visualization, the thought, everything about it was positive, and my goodness, I could feel everything lifting, and there was the relief. Now, that's not good for Bayer aspirin —

MC: I was just thinking that.

BW: — but it's wonderful to know that we have that capability and we should not give it away. And it's also very helpful to have Robert reminding. That's why I always think that these little guides are so powerful. Now while you're talking I'll think of other examples.

MC: Please do. I think those are especially helpful because it helps folks think in another way. I've been in the healing field for twenty years or so, I guess, and I know that one of the things that the great Russian healers would talk about that

could heal people with their mind is they said doubt was the biggest obstacle that people have towards healing, it's just their own doubt. And it seems like that's kind of what I'm hearing you all say is that if you can suspend the doubt, just don't even allow it to encroach and just fully believe, that then you're aligned with your Creator.

BW: Right. And it's interesting because I share that background with you because I am a bio feedback practitioner and that is a magic all its own when I would tell clients, "Your body will not allow you to lie to it. It tells you the truth." That was miracle enough for me, but here I realize the practitioner is learning, the practitioner is changing, and the simplification of living, I think, has been my greatest hurdle.

When I arrived here, Robert said, "Now there's nothing for you to do." I said, "What?" That's the hardest thing to do is nothing, and I see that it's really been effective. What do you see, Robert?

RY: One of the things that I often say to Barbara when she's getting up out of the chair after sitting there for a long time is "Throw your energy out in front of you and let it pull you up." It's become a great thing for us to laugh about, but she has no problem at all getting out of the chair now.

BW: Or going up a hill. It's like throwing a hook into the trolley car in front of you and letting it pull you. It's just an amazing thing. It works! And we have energies that can work for us but if we stop it with thinking, it stops. There goes your doubt.

RY: It's a great thing when you're walking through what we call the bush or the woods here. It's fine when you're walking down hill or on the flat, but then when you've got to come back up the hill usually there's this little thing comes to you, "Oh, hard work." I love to demonstrate how the earth will actually pick you up and lift you as you walk up the hill if you ask it, and no strain at all. When I do that with people they are amazed, but they're doing it themselves. All you're doing is giving them the confidence or the permission to try it. Many other things with the trees, you can look into the trees, and you'll find anybody can do this. You'll find that there's a colour that stands out to them, or an intensity, or a combination. They don't realize that that's an energy field that's there for them and they can draw upon that energy field just by holding their hands out and they'll start to feel the buzz, and as it fills them up the colour will change slightly until they feel great and everything's balanced. There are many things like this.

BW: And it's palpable. It is truly palpable.

BC: So what would be some basic things, Robert and Barbara, that you've gleaned from Simmion and integrated into your life, some other things to begin to help people to move into a more aware, connected, and energetic way of living in their day to day life. I think this is very important to continue to make it practical for our listeners. What are some of the things they can do in increasing their awareness and improving their way of living?

BW: There's one thing that Robert says, and I never, never lose the importance of it. When he asks people — he says, "There are two ways to live . . ." And I'm going to let you do that, it's so powerful.

RY: You can either live under the trampoline or on top of it; it's up to you. If you live under the trampoline every time you push upwards you've got pressure against you and you relax and you get thrown back down to the ground. If you live on top of the trampoline you can push down into any world, any situation and whenever you need to, you just relax, and you're thrown back up in the air. And it's a straight decision and people laugh, and they can change from under the trampoline to on top of the trampoline in seconds.

BW: Being on top of the trampoline always leads to the fact that you are connected and by connected you are always aware that there is energy to spare in the connection. Would you speak about that a bit?

RY: The biggest problem I saw here on this earth was confusion, information overload and too many answers. I sat one day, and I actually get quite agitated when I'm talking to the other world and I actually say, "You bring me somebody who can make a difference, don't bring me the apprentice. I want a correct answer." I asked for an answer that would give everybody a chance. I said, "I don't want the solution that applies to one thing, I want a solution that applies to everything." As I was walking along, my knees buckled at the power of the response, and it said, "At all times, think of Me and nothing else. That is the solution to everything." And if you take that — it says at all times, not sometimes, and it says "think of me." And "Me" is the greatest thing in your life, whatever you feel is the greatest — which could be your God or a butterfly — and nothing else. Not nobody else, nothing else. This is the solution to everything. And I've tested that out many, many times, and it works every time.

BW: And it erases doubt completely. So, if you find yourself in a muddle, you just say, "Wait a minute." And it's almost like plugging into your Source of all power all your energy. Otherwise we're running around like lamps not connected. It's just so important to remember what you are, where you come from and that you can just be all that you are without the limitations. People place, sometimes by

their confusion and their complexities, layers and layers of having to cope with whatever comes along, but somehow or other you just connect, plug in to that Source and everything else disappears. I know this sounds like a wonderful “take care of everything,” and it is.

BC: Certainly it’s reminiscent of all the world’s great traditions, but what do you recommend to people, or how do you recommend to them to do that because a lot of people are distracted by the confusion, they’re distracted by the many things. How do you recommend to them, or what technology in the spiritual sense do you recommend to them to stay plugged in, to keep thinking of that greatest Power and nothing else. How do you recommend they do that, to stay in that space?

RY: In this world, it’s not possible to stay in that space, but keeping in mind that it takes .2 of a second to switch into it, you can do it many, many times a day. The greatest advantage we have is that we can decide to do anything and, within us, we know how. So if I tell you one method it doesn’t mean that that is the only method, but if you just imagine that you only want to connect to your Source through the top of your head and you totally focus on connecting everything that’s in your head to your Source, all of a sudden you will feel it switch on and 100% of your brain starts to work and you will feel a slight buzzing around your head. If it happens to feel like it’s a pressure in your head, you just say to yourself, “Put that on the outside of my skull.” You can ask a little child to come up and feel around your head and they’ll immediately feel what’s like champagne bubbles. That connection works immediately. If it disappears ten seconds later, in .2 of a second you can do it again. So it’s only a matter of precision and focus.

Once that’s all connected you’ll find that you just know what’s happening around you. If you’re driving a car, you know the person in front is turning left or stopping, you know the person behind is too close. Don’t shut your eyes, you have to leave your eyes wide open and be in the world, not in some other world. Totally connected and, in this world, everything works.

MC: Beautiful. Now I keep having this question come up in my mind. I’m curious of the fact that you had the accident and you — these beings — decided to come into this body and to work these things out in the world and, of course, like you said, you had responsibilities, you had to deal with the life of Robert Young. Is there a purpose or a reason or a desire there in the coming in through this body that has been Robert Young?

RY: There is. The biggest purpose is to allow people to see beyond where they’re seeing now, not by words, but just by seeing that there’s another Being that has recently come from where they remember deep within themselves, and

as you connect with people that spark within other people lights up and they are able then to keep moving on the projects that they've come here to carry out. I don't have a specific project except to be here. It's a little bit like being an invited guest. If you happen to turn up as an invited guest at a special presentation and you're on stage because you're a celebrity of some sort and you make a difference to the presentation because of your presence. If you actually start to organize the people, move the microphones, tell the audience to be quiet, you're really not there for the right purpose and you'll be told to leave. This has happened many times with visitors because this world belongs to the people who are masters at putting this world together and making it a great place and we can't interfere with that. We can be a representative and we can encourage and we can say, "Here's a possibility." We can't take on their project ... unless we are going to get ourselves thrown out again. When I talk about that, that's something unique for me.

Each person, each being, has a unique purpose, a little bit like a chess set. It's all a chess set but each part of it has a different purpose and acts in a different way so it's really hard to relate any more than what I know as an example to tell anybody else. It's a little bit of a problem if they don't actually take it on themselves. That's why I tell the story about bicycles, how we teach young children to ride a bicycle. We actually give them little instruction. We stick them on the seat, put their hands on the handle bars and their feet on the pedals, we hold the seat, we start pushing and we say to them, "Pedal and steer," and that's it. But while we're walking along we're actually transmitting to them full operation of their body and their mind and their balance and their attitude, everything, to the extent where we can take just our hand off the seat and they keep going as if we're holding the seat. If they lose confidence or we step back they break that link and they fall over. Once they do get along to the point where they're starting to ride by themselves and you've let the seat go, that's when they've actually switched on their capability to their world. They've allowed that capability in and they start to ride off. They might be wobbly, and they'll come back and they'll say, "Look what I'm doing." They never say, "Thanks for teaching me."

This is the same principle that I work with and I believe many, many people work with now. The transmission of the knowledge within our whole being and the sum of all our experiences are available by transmission for those who wish to pick it up, and it's all a matter of holding it steady until each person opens up their own channel to their own knowledge base and takes on what they want to take on because of your energies.

BC: That gets back to one of the most beautiful elements of life as we know it and I think it's one that you really exalt, and you might want to talk a little more about it, as you have been, which is simplicity.

RY: One of the biggest things I find that comes out of dealing with people is that the simpler you make everything the easier it is for them to feel comfortable and take on what you are transmitting. The simplicity in everything that I feel is amazing. People will say, "How can you just step from being annoyed to being happy?" And I say, "Well, it's not a linear thing, it's just — you switch." You have some primary switches within your own being. One of them is happiness. If you want to be happy, just switch it on. That's the simplicity of it. But I notice that it's been used over many years as a weapon. People turn off happiness until they get what they want, and they use it to blackmail or turn off their happiness because you didn't do what they wanted. In fact, it's becomes a reverse psychology of "When this happens, I'll be happy" and that's not the case. The simplicity of it is, you switch on "happy" and you're happy. The other thing that is a primary switch is joy, and it's not related to happiness. Joy is related to spirit. You excite your spirit and joy just flows from you. You can excite your spirit in a fraction of a second if you decide. It's a prime switch that belongs to you. It's not dependent on anything, and that's the simplicity of it.

There are many other little things that come up from day to day that I can't recall right now, but they are very, very simple. It all comes from we've relied on the brain rather than our being, and the center of our being is really our heart. The brain is there to tell the body what's wrong. It never tells the body what's right because that's not its purpose. So if you work with the brain you'll only find what's wrong. Everything is based on what's wrong rather than what's right. So to change all that, people say, "Get out of your head." It's impossible to get out of your head. Just leave your head where it is ... keep your connection with your creator and work with your heart. As soon as you start to work with your heart, you'll find your chest starts to expand. For some people it hurts for a little while, then everything falls into place because you're working with what we call love. The definition of love here is a little bit construed in all sorts of directions for various people's purpose. Love is the all-conquering power which is so gentle, so smooth, so precise, that it doesn't disturb anything.

BC: That's a beautiful description. I don't want to say definition because you really can't define love, but that's certainly such a lovely and poetic description, and I'd like to hear you, because I think it will be very important to our listeners, because they have a great choice right now. A lot of fear has been pumped into the atmosphere, and particularly here in the United States where we had an eight-year administration of fear, and a lot of people came to live by it, and so they need a good dose, a good cure, a good return to their senses, a return to their heart, a

return to love in order to not really tune into that fear channel. And so it would be nice if you could speak a little bit to that because we do have events on the horizon that no doubt will come down the pike for people to deal with whether it's the swine flu, or mandatory vaccinations in Europe, the U.S. or wherever.

MC: Economic demise.

BC: Yes, economic collapse that people are talking about. A lot of events on the outer world and the play world that people have to deal with and they need the tools, they need the focus and they need this help. Maybe you could address that, not from the specifics of what's coming, but more how people will empower themselves to deal with it with love.

RY: That's a very good question. I was waiting for you to do that to me.

MC: I've been laying in wait for forty-five minutes!

RY: One of the things to remember is that when you talk about dimensions, it's like having a curtain or very fine blind, if you like, of a reflective substance. It looks to you like a mirror. The only way you can look past that mirror is either to walk up to it and walk straight through — because it is not a full mirror — or to keep your energies fine enough so that they will penetrate that fictitious reflection. Everybody knows that with certain fears, if you face them, they disappear. The fear that keeps getting pumped into the atmosphere at the moment has two purposes. Don't think it's bad; it has a positive purpose as well. It has a purpose of getting everybody's attention and facing them all in the one direction. If you can see from far enough away, you'll see that that's a good thing.

Now, on this day, where everybody is focused, we have the opportunity to place in front of them the knowledge that it's not the fear that you focus on, it's the joy that's behind it. It sounds a little bit hard for people who've been involved, and I know that the response in many cases will be, "Well, it's all right for you, you're not in this country even." But if we take the day as today, not as 2001, but we take it as today, we can see that we have moved forward, and we have moved forward in many countries with that event taking our focus.

The biggest relief you can get is to work from your heart and know that you don't have to fix anything. That's a big statement, but as people develop working from their heart, they'll find that the dimension changes and that what looked like a harsh world is actually a beautiful world. The colours change, nature stands out and talks to you, people around you see past the façade, you see the people, you see your friends and you see the beauty within so many

because you've actually changed the dimension, and you didn't fix anything. One of the things in this universe is if you exclude anything, you've actually excluded a part of yourself, and if you don't like something, in fact it's part of your life. The tendency is to jump in there and try to change it. In fact, you don't have to change it, all you have to do is know there are many dimensions, and in amongst all the dimensions is the one which is perfection, and that's the world of your Creator, and you can decide to be there at any time. It takes the form of the advice that's given every day. People are saying, "See the worst and expect it, and then see what happens." So, if you've got financial difficulties, look for the worst situation that's going to happen: you could lose your home, your family, your standing there and your house has burnt down, whatever. Take that on, and within twenty seconds, the world will change around you because you've actually looked at a fear. Your energy becomes finer, and finer, and finer the more you accept what is. Then you find that all of a sudden what you thought was there is not there, and you will see another way or somebody will come and lift you out, including those other dimensions.

MC: You're saying, "Look at your fear, look at the worst case scenario of what you're afraid of, and then, therefore, you can let it go, or you've walked through it and then you can be where you are now and be functioning in your next right steps as opposed to be frozen in fear." Is that kind of what I'm hearing you say?

RY: *That's totally correct, a very practical way of putting it.*

BW: *One of the most practical things is that every night everyone goes to bed, everyone goes to sleep. And Robert has a very special way. I'm going to let him tell you because every morning you wake up and you're washed clean. Please tell.*

RY: *Each night when you go to sleep — your whole universe does this — your whole life force is extracted from your body and washed clean and fed back in just before you wake up and it has no memory of yesterday, and if you can hop out of bed bright-eyed and clear and not reload yesterday, you'll have a new life. Everybody can do this. Children do this, and you often say to a child who gets up and is a bit out of sorts, "Go back to bed and get out the other side, or try again." They can do it. They will throw off anything that they reloaded, and come out with a fresh day. People who have difficulty usually can't get out of bed because it takes a long time to reload all their troubles and if they're not reloaded, they feel like they have nothing to hang onto. In fact it can feel like you're light-headed and you've got something wrong with you because you don't carry all those loads of bricks around.*

One of the things that I tell people when they go to bed is to make sure they climb on top of that cloud and sit in the arms of their Creator and feel the

beautiful massage of the Creator's energy. If they go to bed in that state they'll have no interference and they will awake in the morning totally refreshed and ready to get on with a new life.

MC: I like that. The Creator's spa. Sit in the arms of your Creator. Massaged by my Creator's energy. Yummy. Clean out this life force energy and give me a fresh one in the morning. Every morning I have this new beloved in front of me that I get to explore.

BC: That's very much how way we wake up. We wake up in that space. It feels like there's no hang over. Everything's washed clean. I can really relate to the way you're putting it. I wanted to make this practical for some of the people and, hopefully, we'll have some of our listeners, our friends in our audience that will come and visit this archive or will be hearing this live, and will get some really strong help from you. Let's sharpen this for an example of a challenging situation that's getting pretty common here in the States. Let's take a family: a man and a woman, and they have three kids, and they've had their home foreclosed, they basically have lost everything and they're either living out of their car — or maybe they don't even have a car anymore, and they barely have money to eat, and they're either living out of a soup line, or a homeless shelter, or even worse. Maybe you could just lay out a way to change that dimension for such a family, help them just individualize that vision you just shared with us.

RY: You've done it again, Bruce. You pick up some really heavy ones. That's very good you said that because I've been there. I've been in that state where I've had nothing and nowhere to live and nothing to eat. I can only relate to what I did, I can't really advise anybody. All I did was listen, listen, listen. Every moment and every step I asked for direction. I wouldn't even turn left if I didn't get a message. Each time I was hungry someone would walk up and give me something. Each time I needed to sleep I would meet somebody and they would say, "Come and sleep at my place." I stayed connected and didn't know what "connected" was. This is before I had any real feedback on how this world was, but I used to know that I had to listen all the time. And the more I listened, the more the correct people came around me. And with the strength of listening, my family started to grow again, and it affected others before it affected me. All of a sudden, I can't tell you how, but all of a sudden I wasn't in that state anymore, and I was accelerating through into a very, very secure state where I am now.

BC: Well, you've done it again.

BW: It just occurred to me as we were talking, Robert told me about being careful not to speak over someone else speaking on a telephone because it's voice

actuated, and I see that as a state that we all, sometimes, or most of the time are involved in. We are always speaking, we are actuating, we are speaking, or we are thinking. We are not listening. We don't listen to one another. I feel that each one of us has gifts for the other but if everybody is so involved in their own voices in their head or out their mouth, they don't hear. I learned to listen. We're going back to New York and the greatest gift I want to give to my grand children is for them to walk in the woods with Robert. Would you speak a little bit about walking in the woods?

RY: Bruce, does that answer your question?

BC: I was going to say – well, actually, I did say it, but I'll repeat it. You've done it again, Robert.

RY: Thank you.

BC: Because I think that is absolutely the best guidance you could give because what really helps people is if they can really tune into “that still small voice” that can guide you on day to day discussions, whether a mystic would want to call it “the voice of the Dove,” or “the still small voice” or “the voice of the Holy Spirit,” but the Creator, the Creator's Voice. It's really the quietest voice, so you do really have to listen, listen, listen. Since that is the ultimate field of Love that's caring for us at each step, it is incumbent upon us to listen, listen, listen as much to us who are not out in the street with our children as it is for those who are on the street with their children. And I think for those people it promises the most hope that they, by listening, will then be lifted into the pathway that will bring them to a new place, which is where they want to go.

MC: One thing is for sure our self-reliance will fail us if we're just trying to rely on small “i”, this human form in this dimension of play, as you like to call it, and not connected to our Creator, to the Source of our being. Like you said, if you're not connected at all times you begin to deteriorate. I think that's true for all of us. I think the greatest gift that can be given is what you have given today which is to help people hear that they have the knowledge within them to stop, drop into their heart, and connect with “that still small Voice,” and to their Creator, and to be present with their eyes wide open, here in this world, and to live in that question and allow God to move before them, or their Creator to move before them, and to manifest the day as He would have it manifest for them. I think that's just a brilliant gift and a great healing for this country on “911” and a great healing for all people.

I just have to say, going back, I lived in New York City in the 80's when it was at the height of it's sort of wickedness and Giuliani came in and cleaned things up and

then “911” hit and I have to say, it’s a different place. That devastation has made people drive slower, they’re more polite. I love New Yorkers; they’re always great. It’s a calmer sea in New York City since “911.” A lot of prayers went up.

BC: Well, I can see that we are running out of time here. We’re in our last minute. I would like our audience to know before Joan Baez comes up singing “Forever Young” that we have been here with one who is forever young, and who is temporarily young, Robert Young, and Barbara Whiting who will soon be Barbara Young, who is herself also forever young.

You guys have definitely shared truth today, truth that sets people free and helps to give real meaning to our show “*Truth and Freedom*” on The Progressive Radio Network. This is Bruce and Marianne Curtis.

Robert and Barbara, thank you so much. It’s been a delightful broadcast. We want to have you back again sometime soon.

BW: Thank you.

RY: Thank you.